

28 GP DA PASCOA - CONSTANCIA 2016 - 26/03/2016

Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	Equipe
1	851	PEDRO CRUZ	M	29		00:33:03	GFD
2	857	PEDRO LOPES	M	25		00:33:19	UFCI TOMAR
3	153	CESAR SOARES	M	18		00:33:20	CD AGUIAS ALPIARÇA
4	623	LUIS GOMES	M	35		00:33:25	GA CARANGUEJEIRA
5	894	CRISTIANO ANTONIO	M	27		00:33:30	AC VERMOIL
6	499	PAULO GUIMARAES	M	38		00:33:37	AMINHACORRIDA/KALENJI
7	389	NUNO ROMAO	M	43		00:33:56	GDR REBOLEIRA/GFD
8	726	PEDRO M M JANUÁRIO	M	37		00:34:00	INDIVIDUAL
9	817	LUIS ALBINO	M	20		00:34:06	C BENFICA ABRANTES
10	748	RUI LPOES	M	38		00:34:12	CDCR CTT COIMBRA
11	747	RUI RODRIGUES	M	40		00:34:23	CDCR CTT COIMBRA
12	832	ANTONIO BRANCO	M	51		00:35:10	NA PENTEADO
13	848	DAVID FERNANDES	M	41		00:35:17	GFD
14	880	ANDRÉ CRUZ	M	17		00:35:25	ESC TRIATLO TORRES NOVAS
15	815	JOSÉ DURÃO	M	50		00:35:32	C BENFICA ABRANTES
16	850	FERNANDO PEREIRA	M	42		00:35:39	GFD
17	417	PAULO ALVES	M	38		00:35:44	ASC VALE GRANDE
18	925	PAULO S CARVALHO	M	46		00:35:48	SC REBOLEIRA DAMAIA
19	413	ARLINDO BRÁS	M	43		00:35:51	ONDALUX
20	849	ERNESTO FERREIRA	M	45		00:35:53	GFD
21	622	ILIDIO DIAS	M	23		00:36:02	GA CARANGUEJEIRA
22	787	MARCO FRANCO	M	35		00:36:07	CA FERREIRA ZÊZERE
23	910	ANTÓNIO RIBEIRO	M	37		00:36:27	INDIVIDUAL
24	888	SERGIY CHONKA	M	42		00:36:30	AC VERMOIL
25	457	JOSÉ NARCISO	M	43		00:36:30	CUA BENAVENTENSE
26	532	JORGE COSME	M	41		00:36:33	ESCOLA ATLETISMO CARTAXO
27	767	RUI PARROCHINHA	M	38		00:36:37	CD RIBEIRENSE
28	756	JOSE BORGES	M	55		00:36:42	CUA BENAVENTENSE
29	897	TIAGO GODINHO	M	22		00:36:42	ACADEMIA MILITAR
30	461	LUÍS NARCISO	M	17		00:36:44	SPORTING CP
31	545	PAULO FERNANDES	M	50		00:36:46	CCD O ALVITEJO
32	746	PAULO ANTUNES	M	44		00:36:58	CDCR CTT COIMBRA
33	859	CHRISTIAN FARINHA	M	26		00:37:01	UFCI TOMAR
34	818	LUIS MOTA	M	45		00:37:02	C BENFICA ABRANTES
35	781	FILIPE OLIVEIRA	M	33		00:37:04	INDIVIDUAL
36	631	RICARDO FERREIRA	M	51		00:37:08	CARTAXO ESCOLA ATLETISMO
37	424	PETER G G ROMAO	M	33		00:37:09	INDIVIDUAL
38	774	PEDRO M V RODRIGUES	M	25		00:37:11	CLUBE DESP MOVIMENTO
39	444	ADRIANO RIBEIRO	M	31		00:37:12	INDIVIDUAL

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	Equipe
40	645	RUBEN VIOLANTE	M	23		00:37:14	NS TORRES NOVAS
41	786	SOFIA MARMELO	F	22		00:37:15	CA FERREIRA ZÊZERE
42	923	ELIAS M FORTES	M	49		00:37:26	SC REBOLEIRA DAMAIA
43	708	JOSÉ FIGUEIRA	M	46		00:37:31	CCRD BURINHOSA
44	470	RUBIM GONÇALVES	M	34		00:37:34	INDIVIDUAL
45	540	GILBERTO FERNANDES	M	53		00:37:40	INDIVIDUAL
46	835	MIGUEL CRUZ	M	17		00:37:42	C BENFICA ALG MEM MARTINS
47	660	LUÍS MOTA	M	43		00:37:44	CLAC ENTRONCAMENTO
48	557	JOÃO SALDANHA	M	19		00:37:51	CP ALCANENA
49	625	VITOR OLIVEIRA	M	49		00:37:56	DCI-CCDRP MEALHADA
50	467	EDUARDO CARDEIRA	M	33		00:37:57	CR AMIEIRINHENSE
51	655	FLÁVIO SANTOS	M	19		00:38:00	FF PAZ MUNDIAL
52	482	MANUEL L G NOGUEIRA	M	40		00:38:01	INDIVIDUAL
53	339	ANGELO M AFONSO	M	31		00:38:02	OS QUATRO E MEIA
54	455	VITOR ANTUNES	M	42		00:38:05	ESCOLA ATLETISMO CARTAXO
55	481	FRANCISCO GAIO	M	52		00:38:06	FISIO-MASSAGEM
56	949	LUIS MARTINS	M	37		00:38:19	GDR FIGUEIRAS
57	643	JOAQUIM SANTOS	M	45		00:38:24	NS TORRES NOVAS
58	640	NELSON COELHO	M	28		00:38:25	NS TORRES NOVAS
59	751	VITOR CARDOSO	M	40		00:38:26	C VETERANOS COIMBRA
60	661	JOÃO P FERREIRA	M	39		00:38:30	CLAC ENTRONCAMENTO
61	916	LILIA MARTINS	F	18		00:38:35	NS LOURINHÃ
62	588	MARCO REIS	M	24		00:38:38	GAU BAJOUCA
63	624	NUNO CASALINHO	M	36		00:38:41	GA CARANGUEJEIRA
64	893	CARLOS ALVES	M	18		00:38:41	AC VERMOIL
65	659	MÁRCIO LOUREIRO	M	37		00:38:43	SR JARDOEIRA
66	560	MIGUEL GONÇALVES	M	37		00:38:43	CCD CRÉDITO AGRÍCOLA MÚTUO
67	350	ANTÓNIO R LOPES	M	50		00:38:47	INDIVIDUAL
68	914	ALEXIS MARTINS	M	18		00:38:49	NS LOURINHÃ
69	890	PEDRO FERREIRA	M	41		00:38:52	AC VERMOIL
70	602	SERGIO CORREIA	M	34		00:38:55	UDR ZONA ALTA
71	667	ABREU MOURA	M	60		00:38:55	CLAC ENTRONCAMENTO
72	830	JOÃO P C M A SILVA	M	35		00:38:56	SAMORUNNING
73	662	NELSON OLIVEIRA	M	38		00:38:58	CLAC ENTRONCAMENTO
74	843	ALEXANDRA OLIVEIRA	F	22		00:39:00	GA FÁTIMA
75	943	ALEXANDRE MONTEIRO	M	49		00:39:01	UA POVOENSE
76	846	ALEXANDRA SOUSA	F	33		00:39:01	GFD
77	963	ANGELO SILVA	M	33		00:39:09	CCDT METRO LX
78	797	LUIS JUNQUEIRA	M	46		00:39:14	INDIVIDUAL

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	Equipe
79	964	ANTONIO E GONÇALVES	M	51		00:39:16	CCDT METRO LX
80	804	FILIPA MOUTINHO	F	33		00:39:17	C BENFICA ABRANTES
81	825	RUBEN TIBÉRIO	M	17		00:39:18	C BENFICA ABRANTES
82	795	NUNO BONIEK	M	47		00:39:21	CARACOL TRAIL TEAM
83	685	JOÃO P FIGUEIREDO	M	22		00:39:23	CONQUISTA GINÁSIO
84	610	CALUDIO COTRIM	M	19		00:39:23	CP ALCANENA
85	556	JOÃO LUIS	M	49		00:39:29	CP ALCANENA
86	868	LUIS RODRIGO	M	54		00:39:34	UFCI TOMAR
87	922	MIGUEL FERREIRA	M	33		00:39:38	INDIVIDUAL
88	844	ANDRÉ DANIEL	M	24		00:39:41	GC BARQUINHENSE
89	800	PAULO ROQUE	M	43		00:39:41	INDIVIDUAL
90	614	RUI INÊS	M	43		00:39:42	INDIVIDUAL
91	810	ERNESTO HEITOR	M	47		00:39:46	C BENFICA ABRANTES
92	901	RUBEN ROSA	M	17		00:39:48	ADR ÁGUAS BELAS
93	902	RODRIGO ROSA	M	29		00:39:48	ADR ÁGUAS BELAS
94	984	LUIS MENDES	M	42		00:39:52	NAPA
95	683	MIGUEL P CAETANO	M	27		00:39:52	CONQUISTA GINÁSIO
96	881	SAMUEL D EUGÉNIO	M	41		00:39:53	NSCPG
97	692	EDGAR ROSA	M	41		00:39:53	CD MOITENSE
98	476	CARLOS PALAS	M	56		00:39:54	C PEDRO PESSOA ESC ATLETISMO
99	538	FERNANDO PELARIGO	M	45		00:39:55	ESCOLA ATLETISMO CARTAXO
100	425	HUGO M G MATOS	M	32		00:39:56	REATAM
101	968	NUNO PITA	M	40		00:39:57	CCDT METRO LX
102	734	PEDRO CRISPIM	M	28		00:40:01	CARACOL TRAIL TEAM
103	950	JUCELINO MONTEIRO	M	49		00:40:02	GDR FIGUEIRAS
104	967	JOAO P OLIVEIRA	M	39		00:40:03	CCDT METRO LX
105	615	NUNO LORVAO	M	45		00:40:05	CANAZ
106	722	MARIO LUIS	M	18		00:40:05	PENICHE@CORRER
107	813	JOEL ASCENSO	M	18		00:40:17	C BENFICA ABRANTES
108	474	BRUNO VIEIRA	M	39		00:40:19	CP ALCANENA
109	702	JOAQUIM ALEXANDRE	M	50		00:40:20	URD ARRANHÒ
110	758	DAVID LOPES	M	45		00:40:21	INDIVIDUAL
111	497	JORGE AMARAL	M	47		00:40:24	AMINHACORRIDA/KALENJI
112	592	JORGE SILVA	M	49		00:40:28	GAU BAJOUCA
113	575	RAUL JORGE	M	43		00:40:31	CD OS ÀGUIAS TRAIL/RUNNING
114	312	ROGÉRIO D S VERAS	M	34		00:40:33	TEAM IRUN TOMAR - PORTUGAL
115	908	DIOGO M A ROSA	M	23		00:40:34	NS GOLEGÃ
116	302	JOSE F SILVA	M	54		00:40:38	CASPA
117	669	JOSÉ ALMEIDA	M	45		00:40:46	CLAC ENTRONCAMENTO

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	Equipe
118	484	LUIS ALEXANDRE	M	40		00:40:48	ACR SANTA CITA
119	342	MÁRCIO L CATARINO	M	37		00:40:55	ADC PROENÇA-A-NOVA
120	651	LUIS CALADO	M	27		00:40:57	C VETERANOS DO LIS
121	681	ADRIANO G ARAÚJO	M	39		00:41:03	CONQUISTA GINÁSIO
122	879	CARLOS CRUZ	M	56		00:41:04	INDIVIDUAL
123	730	LUIS F A SANTOS	M	20		00:41:05	CONQUISTA GINÁSIO
124	709	LUIS VIEIRA	M	24		00:41:06	CCRD BURINHOSA
125	668	RUI SIMÕES	M	46		00:41:06	CLAC ENTRONCAMENTO
126	453	EURICO BRAZ	M	56		00:41:07	GFD
127	370	NUNO FERREIRA	M	28		00:41:08	PENICHE@CORRER
128	383	PAULO VIEIRA	M	40		00:41:22	GADAG
129	750	PEDRO VARELA	M	44		00:41:24	CDCR CTT COIMBRA
130	573	NUNO PAULINO	M	39		00:41:29	CD OS ÀGUIAS TRAIL/RUNNING
131	378	JOSE L GONÇALVES	M	40		00:41:29	PENICHE@CORRER
132	932	JOSÉ DUARTE	M	37		00:41:30	INDIVIDUAL
133	905	JOSÉ J N AMORA	M	45		00:41:36	NSCPG
134	381	LUIS M C NEVES	M	37		00:41:37	MARINHAIS AC
135	190	NELSON ANDRADE	M	33		00:41:38	CD AGUIAS ALPIARÇA
136	580	CLÁUDIO BICA	M	23		00:41:39	AMADORES TRAIL TEAM
137	898	FILIPE OLIVEIRA	M	23		00:41:43	ACADEMIA MILITAR
138	395	MIGUEL BARBA	M	37		00:41:47	PENICHE@CORRER
139	866	JOSE FONSECA	M	51		00:41:48	UFCI TOMAR
140	310	MARCIO ANDRADE	M	30		00:41:49	ONDALUX
141	608	PAULO LOPES	M	48		00:41:50	GD ÁGUIAS MOITA
142	529	KCÉNIA BOUGROVA	F	21		00:41:50	SPORTING CP
143	882	BRUNO RAPOSEIRA	M	33		00:41:56	CD OS ÀGUIAS TRAIL/RUNNING
144	993	ATLETA NÃO CADASTRADO	M	0		00:41:59	
145	933	CARLOS ESTEVES	M	35		00:42:02	INDIVIDUAL
146	566	JORGE ROSA	M	38		00:42:03	INDIVIDUAL
147	415	JOÃO MACHADO	M	54		00:42:06	OS MATRECOS
148	992	PAULO COSTA	M	43		00:42:07	
149	599	JORGE FORMIGA	M	43		00:42:08	UDR ZONA ALTA
150	677	ANTÓNIO MERUJO	M	56		00:42:09	SCU TORREENSE
151	585	BRUNO NALHA	M	38		00:42:10	CD OS ÀGUIAS TRAIL/RUNNING
152	956	PEDRO FALCÃO	M	39		00:42:12	GDR FIGUEIRAS
153	699	RITA A S RIBEIRO	F	32		00:42:13	GFD
154	700	CELSON NUNES	M	37		00:42:14	CP PONTEVEL
155	903	CARLOS DURO	M	58		00:42:17	ADR ÁGUAS BELAS
156	418	ARTUR GONÇALVES	M	40		00:42:18	AA LEBRES SADO

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	Equipe
157	551	RICARDO MENDES	M	37		00:42:24	CP ALCANENA
158	821	LUIS S MOTA	M	19		00:42:29	C BENFICA ABRANTES
159	807	MARIA MOTA	F	20		00:42:29	SL BENFICA
160	865	JORGE LERCAS	M	51		00:42:30	UFCI TOMAR
161	989	VITOR MARQUES	M	52		00:42:31	CHAO DE CONDES
162	442	FRANCISCO J S V SILVA	M	42		00:42:32	INDIVIDUAL
163	537	GABRIEL ALVES	M	49		00:42:34	ESCOLA ATLETISMO CARTAXO
164	878	ANTONIO A ALMEIDA	M	32		00:42:42	INDIVIDUAL
165	402	JOSÉ GUIMAS	M	49		00:42:43	OS MATRECOS
166	1000	JOAO GUERRA	M	42		00:42:44	
167	816	JOSÉ FONTINHA	M	38		00:42:44	C BENFICA ABRANTES
168	632	RUI PANÇA	M	44		00:42:48	CR CRUZ DE PAU
169	731	SÉRGIO NUNES	M	22		00:42:50	INDIVIDUAL
170	679	ABEL P V GONÇALVES	M	37		00:42:51	INDIVIDUAL
171	717	HUGO T G FERREIRA	M	33		00:42:51	INDIVIDUAL
172	732	EDUARDO FILIPE	M	22		00:42:52	INDIVIDUAL
173	684	AMANDIO CAETANO	M	52		00:42:52	CONQUISTA GINÁSIO
174	385	GONÇALO SANTOS	M	42		00:42:54	GDC PORTOS SINES E ALGARVE
175	407	CESAR NUNES	M	29		00:42:54	CP PONTEVEL
176	942	ALEXANDRA PORTELA	F	46		00:42:55	UA POVOENSE
177	528	JOÃO PROENÇA	M	22		00:42:55	INDIVIDUAL
178	555	ANTOINE GODINHO	M	37		00:42:58	CP ALCANENA
179	839	CARLOS SILVA	M	50		00:43:01	CM MARCHA E CORRIDA TORRES NOVAS
180	368	RUI GRANADA	M	38		00:43:02	PENICHE@CORRER
181	644	NUNO MARQUES	M	37		00:43:02	NS TORRES NOVAS
182	443	JOSÉ ALEIXO	M	47		00:43:05	INDIVIDUAL
183	327	SÉRGIO PINTO	M	36		00:43:05	CARACOL TRAIL TEAM
184	977	CARLOS QUEIROGA	M	55		00:43:08	GD SAO DOMINGOS
185	920	FREDERICO FERREIRA	M	32		00:43:11	INDIVIDUAL
186	899	LUIS SANTOS	M	45		00:43:11	CSCR LITEIROS
187	831	TIAGO FERNANDES	M	24		00:43:15	UDR ZONA ALTA
188	906	TÓ SERRÃO	M	38		00:43:16	CD OS ÀGUIAS TRAIL/RUNNING
189	404	LEONEL CAMPOS	M	52		00:43:23	OS MATRECOS
190	698	JOSE M G FERREIRA	M	51		00:43:25	INDIVIDUAL
191	860	NORBERTO TRIAES	M	38		00:43:26	UFCI TOMAR
192	945	LUISA MONTEIRO	F	49		00:43:27	UA POVOENSE
193	515	AUGUSTO PINTO	M	42		00:43:28	CR CRUZ DE PAU
194	766	MIGUEL GINETO	M	41		00:43:28	CD RIBEIRENSE
195	531	RICARDO VIEIRA	M	45		00:43:28	ESCOLA ATLETISMO CARTAXO

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	Equipe
196	948	JOÃO P C FERNANDES	M	29		00:43:32	CARACOL TRAIL TEAM
197	382	ANTÓNIO M C S LEAL	M	44		00:43:34	MARINHAIS AC
198	589	PEDRO CAPELA	M	35		00:43:40	GAU BAJOUCA
199	999	JORGE FREITAS	M	56		00:43:43	
200	754	JOAQUIM C TEIXEIRA	M	61		00:43:44	CARACOL TRAIL TEAM
201	941	VASCO MARQUES	M	43		00:43:45	C VETERANOS DO LIS
202	617	JACINTO FERREIRA	M	46		00:43:46	PENICHE@CORRER
203	317	ANTONIO M Q RAMOS	M	47		00:43:48	INDIVIDUAL
204	596	ANDRÉ FERNANDES	M	41		00:43:49	GAU BAJOUCA
205	343	CARLOS VITORINO	M	48		00:43:51	GC BARQUINHENSE
206	892	DEONILDE COSTA	F	41		00:43:53	AC VERMOIL
207	736	LUÍS MONTEIRO	M	48		00:43:54	ESCOLA ATLETISMO CARTAXO
208	454	PEDRO MARIA	M	42		00:43:55	ESCOLA ATLETISMO CARTAXO
209	561	NUNO ROSA	M	38		00:43:58	CCD CRÉDITO AGRÍCOLA MÚTUO
210	951	MÁRIO DUARTE	M	57		00:43:59	GDR FIGUEIRAS
211	735	PAULO MONTEIRO	M	48		00:44:04	AC BATALHA
212	757	ANTÓNIO TIBURCIO	M	50		00:44:06	INDIVIDUAL
213	944	ANA MONTEIRO	F	17		00:44:09	UA POVOENSE
214	500	VITOR JORGE	M	53		00:44:09	INDIVIDUAL
215	485	FRANCISCO CONFRARIA	M	44		00:44:13	ACR SANTA CITA
216	765	RODOLFO DEYLLLOT	M	49		00:44:16	CD RIBEIRENSE
217	827	RUI MIGUEL	M	44		00:44:17	AFDD RUN CREW TRAIL MONTIJO
218	664	JOSÉ GARRAFÃO	M	54		00:44:18	CLAC ENTRONCAMENTO
219	398	HELDER FERREIRA	M	44		00:44:18	C BENFICA SEIXAL
220	393	RUI PEREIRA	M	40		00:44:19	CD SALVATERRENSE
221	471	CLÁUDIO MATIAS	M	37		00:44:21	INDIVIDUAL
222	514	PEDRO JOAQUIM	M	29		00:44:22	CR CRUZ DE PAU
223	854	FRANCISCO DIAS	M	20		00:44:23	UFCI TOMAR
224	319	CARLOS M SANTOS	M	39		00:44:25	INDIVIDUAL
225	994	PAULO J PEREIRA	M	40		00:44:26	
226	871	ALBERTO GRAÇA	M	62		00:44:28	UFCI TOMAR
227	411	ANTONIO CARVALHO	M	59		00:44:31	SUNWISE TRAINING
228	874	PEDRO M F MOURAO	M	42		00:44:34	INDIVIDUAL
229	464	TIAGO BARREIRO	M	30		00:44:36	INDIVIDUAL
230	408	AMILCAR AMORIM	M	48		00:44:38	CP PONTEVEL
231	763	ALMERINDO SILVA	M	50		00:44:39	ESCOLA ATLETISMO CARTAXO
232	642	JOANA CORREIA	F	22		00:44:40	NS TORRES NOVAS
233	738	JOÃO F L VELEZ	M	30		00:44:45	INDIVIDUAL
234	918	PEDRO MOLEIRINHO	M	46		00:44:46	INDIVIDUAL

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	Equipe
235	320	JOAQUIM PESSOA	M	58		00:44:49	C BENFICA CONDEIXA
236	581	VITOR SANTOS	M	52		00:44:50	ESCOLA ATLETISMO CARTAXO
237	764	JOÃO JUSTO	M	41		00:44:52	CD RIBEIRENSE
238	983	CELIA CECILIO	F	45		00:44:52	NAPA
239	701	FILIPE BRANCO	M	46		00:44:52	URD ARRANHÒ
240	682	CARLOS QUEIROZ	M	47		00:44:59	CONQUISTA GINÁSIO
241	822	RENATO MARQUES	M	47		00:45:06	C BENFICA ABRANTES
242	733	JOSÉ L L SEQUEIRA	M	68		00:45:09	INDIVIDUAL
243	646	EDUARDO J C BRANCO	M	37		00:45:09	INDIVIDUAL
244	519	CARLOS ALBERTO	M	57		00:45:11	GD INE
245	716	GONÇALO J F ÁGUAS	M	33		00:45:13	INDIVIDUAL
246	690	RICARDO VICENTE	M	43		00:45:13	CD MOITENSE
247	363	LUIS NOBRE	M	45		00:45:14	PENICHE@CORRER
248	912	ALEXANDRE FERREIRA	M	42		00:45:15	NS LOURINHÃ
249	955	EVANGELINO CARDEIRA	M	60		00:45:16	GDR FIGUEIRAS
250	696	ARTUR COSTA	M	51		00:45:19	CONQUISTA GINÁSIO
251	512	RUI PINTO	M	50		00:45:22	CR CRUZ DE PAU
252	606	MANUEL VITORINO	M	66		00:45:23	CCD O ALVITEJO
253	450	JOÃO LOBATO	M	36		00:45:23	INDIVIDUAL
254	790	TIAGO ÁLVARO	M	38		00:45:24	SABORES DA VILA
255	864	ERNESTO PARENTE	M	50		00:45:25	UFCI TOMAR
256	629	CARMEN HENRIQUES	F	38		00:45:25	RUN IS A GIFT
257	605	JOSÉ FERNANDES	M	56		00:45:25	CCD O ALVITEJO
258	553	FERNANDO SILVA	M	43		00:45:31	PENICHE@CORRER
259	361	MARIO ZARRO	M	37		00:45:31	PENICHE@CORRER
260	935	JAIME D FIGUEIREDO	M	49		00:45:32	INDIVIDUAL
261	486	PEDRO AMORIM	M	18		00:45:34	CP PONTEVEL
262	301	ANDRÉ J LEANDRO	M	32		00:45:34	FOUR 2
263	152	RODRIGO PRUDENCIO	M	37		00:45:37	CD AGUIAS ALPIARÇA
264	583	TETYANA VAKULYUK	F	39		00:45:37	CARACOL TRAIL TEAM
265	755	HUGO AGOSTINHO	M	34		00:45:37	CD OS ÀGUIAS TRAIL/RUNNING
266	574	CARLOS A RODRIGUES	M	46		00:45:37	CD OS ÀGUIAS TRAIL/RUNNING
267	739	ANÍBAL GODINHO	M	52		00:45:38	CARACOL TRAIL TEAM
268	399	GONÇALO G M LOPES	M	32		00:45:38	INDIVIDUAL
269	353	VITOR M R BRAZ	M	53		00:45:39	INDIVIDUAL
270	728	JOÃO ESTEVES	M	40		00:45:40	PANELA MAGICA
271	987	RODOLFO SERRA	M	33		00:45:44	UDR ZONA ALTA
272	352	ANTÓNIO MATIAS	M	58		00:45:50	INDIVIDUAL
273	744	SERGIO CAMPOS	M	29		00:45:51	INDIVIDUAL

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	Equipe
274	919	GONÇALO FERREIRA	M	23		00:45:51	INDIVIDUAL
275	345	PEDRO CAMPOS	M	39		00:45:52	INDIVIDUAL
276	799	SÉRGIO M P S A PEREIRA	M	41		00:45:53	INDIVIDUAL
277	401	LUÍS GAVAZZI	M	51		00:45:54	OS MATRECOS
278	533	FERNANDO MARTINS	M	43		00:45:54	INDIVIDUAL
279	366	NUNO SILVA	M	41		00:45:55	PENICHE@CORRER
280	808	ANTONIO COSTA	M	51		00:45:59	C BENFICA ABRANTES
281	678	MANUEL ARCÂNGELO	M	54		00:46:01	INDIVIDUAL
282	559	CARLOS SILVA	M	52		00:46:02	CCD CRÉDITO AGRÍCOLA MÚTUO
283	570	ACURCIO MARIA	M	44		00:46:03	SC MOITENSE
284	568	JOSÉ SAPO	M	66		00:46:03	SC MOITENSE
285	447	JOSÉ L DUARTE	M	55		00:46:04	INDIVIDUAL
286	911	GILDA MOTA	F	48		00:46:06	INDIVIDUAL
287	603	DAVID SÉNICA	M	19		00:46:06	UDR ZONA ALTA
288	634	AUGUSTO SOUSA	M	45		00:46:11	TEAM DIABRETE
289	523	JOAQUIM OLIVEIRA	M	56		00:46:17	INDIVIDUAL
290	974	ELISA VARELA	F	43		00:46:18	GD SAO DOMINGOS
291	576	CARLOS AMARAL	M	38		00:46:18	CD OS ÀGUIAS TRAIL/RUNNING
292	400	SANDRA QUINTAS	F	43		00:46:20	OS MATRECOS
293	414	ANTÓNIO M A NASCIMENTO	M	50		00:46:22	INDIVIDUAL
294	873	ANTONIO SERAFIM	M	65		00:46:27	UFCI TOMAR
295	330	LUIS AMARAL	M	49		00:46:27	EQUIPA
296	889	EUGENIO MENDES	M	54		00:46:28	AC VERMOIL
297	927	PAULA L CARDOSO	F	39		00:46:30	SC REBOLEIRA DAMAIA
298	663	ANTÓNIO FERREIRA	M	36		00:46:30	CLAC ENTRONCAMENTO
299	877	HELENA MOURAO	F	55		00:46:32	NDC CASTELO PAIVA
300	895	ANDRÉ N LEAL	M	32		00:46:38	INDIVIDUAL
301	360	JOAQUIM CARINHAS	M	64		00:46:40	PENICHE@CORRER
302	649	DIANA CARREIRA	F	27		00:46:43	C VETERANOS DO LIS
303	952	ADRIANO FONTES	M	58		00:46:47	GDR FIGUEIRAS
304	931	JOAQUIM J G MARIANO	M	46		00:46:48	NSCPG
305	896	RUI A ALMEIDA	M	31		00:46:48	INDIVIDUAL
306	691	ALBERTO VINAGRE	M	54		00:46:51	CD MOITENSE
307	706	RUI VENTURA	M	55		00:46:52	CCRD BURINHOSA
308	788	DANIEL LOURAÇO	F	24		00:46:54	SABORES DA VILA
309	887	ALFREDO SANTOS	M	60		00:46:55	AC VERMOIL
310	633	PAULO FONSECA	M	51		00:46:56	INDIVIDUAL
311	479	FILIPE D A S FERNANDES	M	35		00:46:56	OS TRETAS
312	478	RÚBEN D T MENDES	M	26		00:46:56	OS TRETAS

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	Equipe
313	749	FÁBIO ABRANTES	M	38		00:46:57	CDCR CTT COIMBRA
314	724	BRUNO GASPAR	M	30		00:46:58	INDIVIDUAL
315	591	OTELLO PEREIRA	M	41		00:46:59	GAU BAJOUCA
316	641	INÊS SANTOS	F	19		00:47:00	NS TORRES NOVAS
317	957	GILBERTO SANTOS	M	45		00:47:00	GAU BAJOUCA
318	426	ESTEVÃO L S RIBEIRO	M	66		00:47:01	REATAM
319	819	MANUEL SILVA	M	42		00:47:03	C BENFICA ABRANTES
320	587	TIAGO CABECINHAS	M	22		00:47:04	GAU BAJOUCA
321	761	GIL C M TEIXEIRA	M	44		00:47:04	INDIVIDUAL
322	946	ZULMIRA BELO	F	49		00:47:12	UA POVOENSE
323	729	MARIO R PEREIRA	M	54		00:47:15	CONQUISTA GINÁSIO
324	380	JOÃO J FERNANDES	M	34		00:47:18	INDIVIDUAL
325	498	TINA OLIVEIRA	F	51		00:47:22	AMINHACORRIDA/KALENJI
326	527	SÉRGIO MENDES	M	44		00:47:24	INDIVIDUAL
327	335	LUÍS MENINO	M	43		00:47:30	OS QUATRO E MEIA
328	337	JOSÉ C T LOURENÇO	M	43		00:47:30	OS QUATRO E MEIA
329	884	ALBANO GINJA	M	60		00:47:32	C SARGENTO ARMADA
330	823	STÉLIO COUCEIRO	M	45		00:47:39	C BENFICA ABRANTES
331	953	DIAMANTINO CRUZ	M	58		00:47:40	GDR FIGUEIRAS
332	463	JOAO GRACA	M	60		00:47:42	ACRM SILV GRANDE CLARAS
333	397	LÚCIO A B SANTOS	M	54		00:47:42	IUM
334	582	FRANCISCO ALVES	M	44		00:47:43	PENICHE@CORRER
335	347	EUSÉBIO P M ABREU	M	44		00:47:46	INDIVIDUAL
336	322	JOÃO CALOURO	M	49		00:47:46	INDIVIDUAL
337	958	ACÚRCIO MENDES	M	45		00:47:47	C CORRIDA REN
338	331	ANA MARTINS	F	49		00:47:47	EQUIPA
339	600	RUI ESTANQUEIRO	M	39		00:47:48	UDR ZONA ALTA
340	971	DANIELA BERNARDINO	F	17		00:47:48	GD SAO DOMINGOS
341	501	PAULO FERRO	M	43		00:47:48	CR CRUZ DE PAU
342	410	MARCO P E ALEXANDRE	M	38		00:47:50	INDIVIDUAL
343	969	RAFAEL SANTOS	M	49		00:47:51	CCDT METRO LX
344	562	RUI MOREIRA	M	45		00:47:54	CCD CRÉDITO AGRÍCOLA MÚTUO
345	869	CAROLINA FELIZ	F	57		00:47:55	UFCI TOMAR
346	814	JOEL MARTINS	M	36		00:47:56	C BENFICA ABRANTES
347	883	SERGIO SILVA	M	40		00:47:57	CD OS ÀGUIAS TRAIL/RUNNING
348	654	CARLA LEITÃO	F	47		00:48:00	ALFA E BETA
349	472	JOÃO P F SILVA	M	45		00:48:00	INDIVIDUAL
350	656	ISABEL SANTOS	F	46		00:48:01	FF PAZ MUNDIAL
351	328	CARLOS J M FILIPE	M	40		00:48:02	INDIVIDUAL

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	Equipe
352	647	JACINTO FERREIRA	M	58		00:48:05	C VETERANOS DO LIS
353	653	PEDRO RAMOS	M	48		00:48:07	ALFA E BETA
354	867	MANUEL MOTA	M	53		00:48:09	UFCI TOMAR
355	809	AUGUSTO CRUZ	M	66		00:48:14	C BENFICA ABRANTES
356	488	MARCO MADEIRA	M	35		00:48:17	INDIVIDUAL
357	336	PAULO M RODRIGUES	M	42		00:48:23	OS QUATRO E MEIA
358	358	ANA PESCADINHA	F	35		00:48:26	PENICHE@CORRER
359	577	CARLOS SOUSA	M	58		00:48:29	OS PERIGOSOS
360	820	PAULO CALADO	M	40		00:48:32	C BENFICA ABRANTES
361	725	DIOGO FERREIRA	M	35		00:48:35	INDIVIDUAL
362	513	JOSE DE SOUSA	M	56		00:48:36	CR CRUZ DE PAU
363	712	NUNO V L BARREIRO	M	42		00:48:38	INDIVIDUAL
364	354	ALEXANDRE E R MARQUES	M	23		00:48:38	INDIVIDUAL
365	876	RICARDO SARDINHEIRO	M	42		00:48:40	PANELA MAGICA
366	723	MIGUEL MATIAS	M	34		00:48:41	INDIVIDUAL
367	707	JOSE RATO	M	57		00:48:43	CCRD BURINHOSA
368	539	LÚCIO SERRA	M	56		00:48:45	INDIVIDUAL
369	448	CARLOS MENDES	M	41		00:48:45	INDIVIDUAL
370	773	DANIEL F CALADO	M	43		00:48:46	INDIVIDUAL
371	546	HORÁCIO RUIVO	M	55		00:48:46	CCD O ALVITEJO
372	367	PEDRO FERREIRA	M	31		00:48:48	PENICHE@CORRER
373	959	MARCO SOARES	M	40		00:48:49	TRILHOS DOS TEMPLARIOS
374	745	TIAGO RODRIGUES	M	17		00:48:51	A VALE SILENCIO
375	535	JORGE GARRADAS	M	41		00:48:55	ESCOLA ATLETISMO CARTAXO
376	639	JORGE OLIVEIRA	M	53		00:48:57	INDIVIDUAL
377	348	HÉLDER F P P M PIRES	M	39		00:48:57	INDIVIDUAL
378	619	BRUNO M C PEDRO	M	25		00:48:58	INDIVIDUAL
379	996	RODRIGO MARTINS	M	51		00:49:00	
380	862	CARLOS SANTOS	M	49		00:49:00	UFCI TOMAR
381	638	EUGENIO PISCO	M	64		00:49:02	OS SANTARENOS
382	962	NUNO ANASTACIO	M	37		00:49:06	RUNLOVERS
383	637	RUI SILVA	M	49		00:49:06	INDIVIDUAL
384	973	ROSARIA MORGADO	F	41		00:49:07	GD SAO DOMINGOS
385	863	MANUEL DIAS	M	49		00:49:07	UFCI TOMAR
386	494	CARLOS E B DIAS	M	30		00:49:09	GLORIOSO
387	521	MIGUEL BASTOS	M	50		00:49:10	GD INE
388	511	JOAO TOMAS	M	61		00:49:13	CR CRUZ DE PAU
389	775	NUNO FERREIRA	M	37		00:49:17	INDIVIDUAL
390	793	NUNO MOLEANO	M	38		00:49:18	CD RIBEIRENSE

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	Equipe
391	737	PAULO J R MOTA	M	45		00:49:21	INDIVIDUAL
392	584	LUIS LOPES	M	53		00:49:24	CD OS ÀGUIAS TRAIL/RUNNING
393	924	ANTÓNIO CARDOSO	M	44		00:49:26	SC REBOLEIRA DAMAIA
394	872	MANUEL MARTINS	M	62		00:49:30	UFCI TOMAR
395	855	JORGE SALDANHA	M	23		00:49:31	UFCI TOMAR
396	308	PAULO ALMEIDA	M	47		00:49:36	INDIVIDUAL
397	978	GONÇALO REBELO	M	57		00:49:36	GD SAO DOMINGOS
398	549	PEDRO M T SILVA	M	37		00:49:38	IRMÃOS SILVA
399	534	NELSON J AGUIAR	M	40		00:49:44	SFLUR
400	595	RAMIRO RODRIGUES	M	58		00:49:49	INDIVIDUAL
401	970	ALCIDIA VARELA	F	17		00:49:49	GD SAO DOMINGOS
402	451	ANTÓNIO ALMEIDA	M	53		00:49:52	VIA3RUNNERS
403	571	RAUL NEVES	M	63		00:49:56	SC MOITENSE
404	628	JOSÉ BELCHIOR	M	64		00:49:56	OS PERIGOSOS
405	940	BERNARDO GARCIA	M	31		00:49:56	ADRC MATA BENFICA
406	759	AFONSO LOPES	M	18		00:49:59	INDIVIDUAL
407	648	MARCO FRANCISCO	M	32		00:49:59	C VETERANOS DO LIS
408	979	PEDRO SERRA	M	43		00:50:01	
409	493	JOÃO F D ANDRADE	M	36		00:50:01	ONDALUX
410	998	PAULO CLEMENTE	M	36		00:50:03	
411	665	JOSÉ M SANTOS	M	60		00:50:13	CLAC ENTRONCAMENTO
412	928	PAULA S SILVA	F	42		00:50:18	SC REBOLEIRA DAMAIA
413	885	RICARDO FERREIRA	M	20		00:50:24	UFCI TOMAR
414	524	PEDRO FERREIRA	M	50		00:50:24	INDIVIDUAL
415	597	JOÃO M S ROSADSO	M	53		00:50:25	INDIVIDUAL
416	346	LUÍS M S C SANTOS	M	50		00:50:28	INDIVIDUAL
417	314	JOSÉ F CALADO	M	51		00:50:29	GC BARQUINHENSE
418	315	PEDRO F R M CARREIRA	M	40		00:50:30	GC BARQUINHENSE
419	607	CARLOS SECO	M	55		00:50:31	GD ÁGUIAS MOITA
420	496	JOSE PEREIRA	M	60		00:50:33	SS CGD
421	715	ELISABETE SILVA	F	37		00:50:36	GDP CHÃO DURO
422	714	JORGE SILVA	M	42		00:50:37	GDP CHÃO DURO
423	377	JOSÉ J ANASTACIO	M	58		00:50:39	PENICHE@CORRER
424	416	EMÍLIO MIRANDA	M	49		00:50:39	OS MATRECOS
425	794	MARCO MARTINS	M	35		00:50:40	CD RIBEIRENSE
426	396	TIAGO LANÇA	M	32		00:50:44	PENICHE@CORRER
427	650	SARA GASPAR	F	26		00:50:45	C VETERANOS DO LIS
428	630	ANTONIO OLIVEIRA	M	57		00:50:47	INDIVIDUAL
429	405	PEDRO LOZANO	M	25		00:50:47	INDIVIDUAL

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	Equipe
430	406	JOÃO LOZANO	M	19		00:50:47	INDIVIDUAL
431	387	LEANDRO BRITO	M	32		00:50:49	GC BARQUINHENSE
432	720	BERNARDO LEITE	M	19		00:50:53	INDIVIDUAL
433	976	ANABELA CARVALHO	F	52		00:50:53	GD SAO DOMINGOS
434	741	RICARDO NETO	M	37		00:50:55	INDIVIDUAL
435	558	ANDRÉ LOPES	M	31		00:51:04	CCD CRÉDITO AGRÍCOLA MÚTUO
436	491	JOSÉ ALVES	M	49		00:51:07	OS LAGARTOS DA PORTELA
437	777	PEDRO REBELO	M	42		00:51:09	GD O INDEPENDENTE
438	311	ALEXANDRA MARTINS	F	30		00:51:10	ONDALUX
439	374	FILIPA COUTINHO	F	27		00:51:15	PENICHE@CORRER
440	960	CRISTINA CALDEIRA	F	46		00:51:15	RUNLOVERS
441	961	NUNO MARQUES	M	48		00:51:15	RUNLOVERS
442	858	ANA P GRACIO	F	30		00:51:18	UFCI TOMAR
443	875	NUNO LOPES	M	38		00:51:20	INDIVIDUAL
444	947	GABRIEL ALMEIDA	M	36		00:51:20	NSCPG
445	621	PEDRO BICO	M	47		00:51:27	INDIVIDUAL
446	548	FRANCISCO C V MARTINS	M	46		00:51:28	INDIVIDUAL
447	618	JOANA L ALVES	F	28		00:51:32	CARACOL TRAIL TEAM
448	801	LINA MATEUS	F	37		00:51:33	INDIVIDUAL
449	329	AMÁVEL LUZ	M	55		00:51:34	NS TORRES NOVAS
450	392	FERNANDO TEIXEIRA	M	54		00:51:37	INDIVIDUAL
451	995	PAULO FERREIRA	M	34		00:51:39	
452	412	ISMAEL P DUARTE	M	48		00:51:39	INDIVIDUAL
453	504	ELSA SANTIAGO	F	39		00:51:39	CR CRUZ DE PAU
454	505	ROGERIO SANTIAGO	M	68		00:51:40	CR CRUZ DE PAU
455	847	ANA I PEREIRA	F	44		00:51:41	GFD
456	458	RICARDO M B PEREIRA	M	36		00:51:42	INDIVIDUAL
457	666	JOSÉ FIDÉLIO	M	61		00:51:45	CLAC ENTRONCAMENTO
458	475	SÉRGIO F A SOBRAL	M	27		00:51:52	INDIVIDUAL
459	856	ANA L M RIBEIRO	F	24		00:51:58	UFCI TOMAR
460	391	JÚLIO HENRIQUES	M	66		00:51:59	OS SANTARENOS
461	394	MÁRIO CORREIA	M	52		00:52:00	INDIVIDUAL
462	492	MARCIO PINTO	M	36		00:52:10	OS LAGARTOS DA PORTELA
463	441	NUNO M R SILVA	M	35		00:52:16	JUST MOVE
464	438	BRUNO SANTOS	M	40		00:52:16	GORUN VENDAS NOVAS
465	785	LUIS G SANTOS	M	27		00:52:17	INDIVIDUAL
466	861	ANTONIO GUILHERME	M	48		00:52:18	UFCI TOMAR
467	934	LUIS M N NOGUEIRA	M	50		00:52:37	INDIVIDUAL
468	834	JOAQUIM CRUZ	M	57		00:52:37	C BENFICA ALG MEM MARTINS

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	Equipe
469	364	MARCIO MARQUES	M	36		00:52:41	PENICHE@CORRER
470	760	NUNO BARATA	M	30		00:52:42	PENICHE@CORRER
471	852	JOANA SILVA	F	17		00:52:42	UFCI TOMAR
472	309	PAULO J F N LAPÃO	M	50		00:52:43	INDIVIDUAL
473	594	ANTÓNIO FERNANDES	M	55		00:52:48	GAU BAJOUCA
474	965	FRANCISCO PLINIO	M	60		00:52:51	CCDT METRO LX
475	703	HENRIQUE FERREIRA	M	44		00:52:55	URD ARRANHÒ
476	359	CARLA FERNANDES	F	27		00:53:04	PENICHE@CORRER
477	806	MAFALDA MATOS	F	37		00:53:08	C BENFICA ABRANTES
478	419	ESTELA GONÇALVES	F	38		00:53:12	AA LEBRES SADO
479	191	JOAO ROSA	M	18		00:53:15	CD AGUIAS ALPIARÇA
480	530	JOÃO GAMEIRO	M	64		00:53:18	ESCOLA ATLETISMO CARTAXO
481	487	MANUEL GRÁCIO	M	60		00:53:21	INDIVIDUAL
482	466	AVELINO FERNANDES	M	43		00:53:28	CPR A-DO-BARBAS
483	721	HÉLDER SILVÉRIO	M	45		00:53:29	INDIVIDUAL
484	428	LUIS FILIPE	M	41		00:53:32	INDIVIDUAL
485	369	SUSANA HONORATO	F	43		00:53:33	PENICHE@CORRER
486	390	JOAO RAMOS	M	55		00:53:45	OS SANTARENOS
487	542	JOÃO C M SANTOS	M	62		00:53:49	INDIVIDUAL
488	306	JOÃO LIMA	M	55		00:53:51	4 AO KM
489	569	ANABELA MARIA	F	44		00:53:52	SC MOITENSE
490	567	ANTONIO PRIMOR	M	73		00:53:53	SC MOITENSE
491	705	JOÃO A L CANIÇO	M	41		00:53:56	INDIVIDUAL
492	762	LUIS LOPES	M	48		00:54:00	PANELA MAGICA
493	657	JOSÉ PARDAL	M	64		00:54:00	INDIVIDUAL
494	907	JORGE MORGADO	M	51		00:54:00	INDIVIDUAL
495	421	MARGARIDA MACEDO	F	46		00:54:01	IMPARÁVEIS
496	541	PATRICIA MARQUES	F	34		00:54:01	INDIVIDUAL
497	344	ANA PAULA PINTO	F	52		00:54:04	GC BARQUINHENSE
498	972	NADINE BERNARDINO	F	23		00:54:05	GD SAO DOMINGOS
499	909	BERNARDO EMÍDIO	M	25		00:54:07	INDIVIDUAL
500	445	RICARDO A LOPES	M	62		00:54:08	INDIVIDUAL
501	811	FABIO CATITA	M	21		00:54:08	C BENFICA ABRANTES
502	802	ANA CLAUDIA REIS	F	26		00:54:09	C BENFICA ABRANTES
503	495	FERNANDO ALVES	M	54		00:54:09	GFD RUNNING
504	490	JOSÉ RODRIGUES	M	51		00:54:09	OS LAGARTOS DA PORTELA
505	917	ALBERTO TADEIA	M	47		00:54:11	INDIVIDUAL
506	611	ANA C NEVES	F	26		00:54:17	CP ALCANENA
507	459	JOAO RESENDE	M	49		00:54:17	INDIVIDUAL

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	Equipe
508	652	ANA DIAS	F	27		00:54:18	INDIVIDUAL
509	812	HÉLIO GODINHO	M	65		00:54:24	C BENFICA ABRANTES
510	782	ANA C MONTEIRO	F	32		00:54:24	INDIVIDUAL
511	362	LUIS ESTEVÃO	M	61		00:54:33	PENICHE@CORRER
512	338	PAULO F PIRES	M	44		00:54:33	OS QUATRO E MEIA
513	689	JOHN LESTER	M	45		00:54:37	INDIVIDUAL
514	480	MANUEL A L SEQUEIRA	M	65		00:54:38	GDCT REPSOL POLÍMEROS
515	853	SOFIA RODRIGO	F	17		00:54:44	UFCI TOMAR
516	719	PAULO LEITE	M	50		00:54:47	INDIVIDUAL
517	307	VÍTOR GONÇALVES	M	46		00:54:51	4 AO KM
518	303	ISADORA COSTA	F	28		00:54:51	4 AO KM
519	536	LAURA SERRAZINA	F	34		00:54:55	ESCOLA ATLETISMO CARTAXO
520	321	LUIS LEITAO	M	44		00:54:57	INDIVIDUAL
521	687	FRANCISCO PINHEIRO	M	60		00:55:00	GA MONSANTO/GASCAN
522	489	LUCAS AMARO	M	48		00:55:13	OS LAGARTOS DA PORTELA
523	826	ISABEL BARRA	F	47		00:55:25	AFDD RUN CREW TRAIL MONTIJO
524	550	JOÃO N T SILVA	M	28		00:55:32	IRMÃOS SILVA
525	939	JOÃO FRANCISCO	M	18		00:55:32	CARACOL TRAIL TEAM
526	937	JOÃO MARTINS	M	47		00:55:34	CARACOL TRAIL TEAM
527	776	MARIA CORREIA	F	63		00:55:42	GD O INDEPENDENTE
528	841	CARLOS FERREIRA	M	50		00:55:42	CM MARCHA E CORRIDA TORRES NOVAS
529	508	JOSE GONCALVES	M	74		00:55:47	CR CRUZ DE PAU
530	609	ANDREIA ROSARIO	F	19		00:55:49	CP ALCANENA
531	658	MARIO J MIRA	M	49		00:55:49	INDIVIDUAL
532	886	NUNO M P J ANTONIO	M	41		00:55:52	INDIVIDUAL
533	718	LUÍS ANTUNES	M	54		00:55:55	GA MONSANTO/GASCAN
534	936	MARTINHO ROQUE	M	47		00:55:58	INDIVIDUAL
535	373	ANTONIO SOUSA	M	72		00:56:00	PENICHE@CORRER
536	349	JOSE VENTURA	M	56		00:56:13	INDIVIDUAL
537	351	HENRIQUE VILHENA	M	59		00:56:16	DONINHOS
538	503	DIOGO COSTA	M	67		00:56:17	CR CRUZ DE PAU
539	324	CARLOS DIAS	M	50		00:56:22	INDIVIDUAL
540	325	ANTÓNIO CORDA	M	48		00:56:22	INDIVIDUAL
541	326	PAULO MEDEIROS	M	46		00:56:22	INDIVIDUAL
542	469	MIGUEL BARRADAS	M	33		00:56:30	JUST MOVE
543	357	VÂNIA ZARRO	F	34		00:56:35	PENICHE@CORRER
544	376	HUGO FRANCISCO	M	33		00:56:36	PENICHE@CORRER
545	985	RICARDO FLORES	M	36		00:56:38	
546	711	VITOR MONTEIRO	M	48		00:56:41	CCRD BURINHOSA

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	Equipe
547	477	JOÃO P M BORGES	M	27		00:56:41	OS TRETAS
548	436	MARIA COTRIM	F	24		00:56:41	OS MATRECOS
549	403	JOANA ALMEIDA	F	30		00:56:41	OS MATRECOS
550	626	GABRIELLA ALMEIDA	F	24		00:56:43	INDIVIDUAL
551	465	LUIS R MEDROA	M	64		00:56:44	INDIVIDUAL
552	313	HÉLDER M F POMBO	M	44		00:56:49	INDIVIDUAL
553	990	JOAO COSTA	M	38		00:56:56	
554	771	FÁTIMA I M DOUTEL	F	28		00:57:19	INDIVIDUAL
555	770	PEDRO M F PACHECO	M	28		00:57:20	INDIVIDUAL
556	452	RAQUEL M S BRAZ	F	17		00:57:21	INDIVIDUAL
557	688	JOSÉ AIRES	M	58		00:57:32	GA MONSANTO/GASCAN
558	686	ANTÓNIO REYES	M	61		00:57:32	GA MONSANTO/GASCAN
559	674	FILIPPE C H CARDOSO	M	36		00:57:47	RANCHO FOLCLÓRICO ETN ALVIOBEIRA
560	986	ISABEL BUE	F	34		00:57:55	UDR ZONA ALTA
561	900	SOFIA QUENTAL	F	27		00:57:56	INDIVIDUAL
562	612	CATARINA NUNES	F	24		00:58:04	CP ALCANENA
563	520	ELSA SOARES	F	41		00:58:06	GD INE
564	676	JOSÉ C V MAÇARICO	M	40		00:58:06	RANCHO FOLCLÓRICO ETN ALVIOBEIRA
565	671	Mª MANUELA N SANTOS	F	44		00:58:08	RANCHO FOLCLÓRICO ETN ALVIOBEIRA
566	333	MAYER RAPOSO	M	68		00:58:09	AA LEBRES SADO
567	427	LUÍS V BARROSO	M	57		00:58:15	INDIVIDUAL
568	938	SUSANA FARIA	F	42		00:58:16	CARACOL TRAIL TEAM
569	365	MARISA FIGUEIREDO	F	42		00:58:18	PENICHE@CORRER
570	572	PEDRO CAPELAS	M	46		00:58:19	SC MOITENSE
571	740	Mª ROSÁRIO GODINHO	F	47		00:58:25	CARACOL TRAIL TEAM
572	710	JOSE SOARES	M	53		00:58:38	CCRD BURINHOSA
573	921	GIZELA ROCHA	F	32		00:58:49	INDIVIDUAL
574	753	EDUARDO J NUNES	M	31		00:58:50	CONQUISTA GINÁSIO
575	833	PATRICIA PEDRO	F	50		00:58:51	C BENFICA ALG MEM MARTINS
576	613	DIANA NUNES	F	24		00:59:03	CP ALCANENA
577	579	RICARDO VERGAS	M	48		00:59:04	ESCOLA ATLETISMO CARTAXO
578	789	NELSON FERNANDES	M	29		00:59:18	SABORES DA VILA
579	437	ADELAIDE FELIZARDO	F	38		00:59:21	GORUN VENDAS NOVAS
580	409	VÍTOR M M FERNANDES	M	65		00:59:31	CALMA
581	829	ANDRÉ DUARTE	M	29		00:59:42	INDIVIDUAL
582	440	MARTA S EMÍDIO	F	33		00:59:42	INDIVIDUAL
583	518	LUIS FERRO	M	44		00:59:54	CR CRUZ DE PAU
584	768	SOFIA ROCHA	F	29		01:00:05	INDIVIDUAL
585	769	FERNANDO ROCHA	M	58		01:00:05	INDIVIDUAL

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	Equipe
586	544	VÍTOR RODRIGUES	M	48		01:00:30	CCD O ALVITEJO
587	675	AURÉLIO MARQUES	M	52		01:00:46	RANCHO FOLCLÓRICO ETN ALVIOBEIRA
588	341	PEDRO FARIA	M	36		01:00:51	INDIVIDUAL
589	340	SONIA RODRIGUES	F	34		01:00:52	INDIVIDUAL
590	975	ANTONIETA BRITO	F	52		01:01:01	GD SAO DOMINGOS
591	318	JOÃO ROSA	M	44		01:01:02	INDIVIDUAL
592	697	EDUARDO AMORIM	M	44		01:01:10	INDIVIDUAL
593	334	ANTÓNIO PINHO	M	63		01:01:20	AA LEBRES SADO
594	997	MANUEL MARTINS	M	59		01:01:27	
595	930	Mª FÁTIMA ABREU	F	65		01:01:31	SC REBOLEIRA DAMAIA
596	627	RITA C S CIRQUEIRA	F	48		01:01:34	INDIVIDUAL
597	616	LUIS CAMBEZ	M	39		01:01:36	PENICHE@CORRER
598	780	LOPES MARTINS	M	60		01:01:46	INDIVIDUAL
599	778	MIGUEL SANTOS	M	39		01:01:47	INDIVIDUAL
600	779	SONIA MARTINS	F	39		01:01:47	INDIVIDUAL
601	422	CONCEIÇÃO ALEGRIA	F	47		01:01:49	IMPARÁVEIS
602	891	NUNO MENDES	M	18		01:01:57	AC VERMOIL
603	752	SOFIA GALINHA	F	39		01:02:06	FIT-MIX
604	743	HELENA C F G BARRETO	F	49		01:02:06	FIT-MIX
605	543	ELISABETE ÁGUAS	F	50		01:02:22	CCD O ALVITEJO
606	547	HENRIQUE RUAS	M	75		01:02:22	CCD O ALVITEJO
607	516	ANTONIO BELCHIOR	M	70		01:02:46	CR CRUZ DE PAU
608	372	ANTONIO COUTINHO	M	81		01:02:55	PENICHE@CORRER
609	502	RICARDO GASPAR	M	62		01:03:08	CR CRUZ DE PAU
610	672	ANDREIA S D VERÍSSIMO	F	19		01:03:25	RANCHO FOLCLÓRICO ETN ALVIOBEIRA
611	837	Mª JOÃO FARINHA	F	50		01:03:28	CARACOL TRAIL TEAM
612	836	JOÃO FARINHA	M	57		01:03:28	CARACOL TRAIL TEAM
613	954	LEONEL RODRIGUES	M	61		01:03:39	GDR FIGUEIRAS
614	305	EBERHARD WILHELM	M	68		01:03:40	4 AO KM
615	510	JOSE MONIZ	M	67		01:04:10	CR CRUZ DE PAU
616	431	NUNO E SANTO	M	46		01:04:16	AÇOREANA
617	435	ANA CANAVEIRA	F	49		01:04:16	AÇOREANA
618	434	SOFIA GUEDES	F	40		01:04:16	AÇOREANA
619	429	NELSON MOTA	M	45		01:04:16	AÇOREANA
620	432	SANDRA MARTINS	F	38		01:04:17	AÇOREANA
621	433	ANTÓNIO GUEDES	M	45		01:04:17	AÇOREANA
622	304	JOÃO BRANCO	M	68		01:04:17	4 AO KM
623	430	ARMANDO PARREIRA	M	47		01:04:17	AÇOREANA
624	929	Mª EMILIA DIAS	F	70		01:04:47	SC REBOLEIRA DAMAIA

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	Equipe
625	673	MARTA A S BRITES	F	18		01:05:06	RANCHO FOLCLÓRICO ETN ALVIOBEIRA
626	565	Mª JOÃO ANTÓNIO	F	36		01:05:45	INDIVIDUAL
627	840	ANGELA SILVA	F	50		01:06:46	CM MARCHA E CORRIDA TORRES NOVAS
628	842	ANA B GASPAR	F	52		01:07:00	CM MARCHA E CORRIDA TORRES NOVAS
629	563	ANA MILHEIRO	F	37		01:07:30	INDIVIDUAL
630	870	VITOR MARTO	M	58		01:07:31	UFCI TOMAR
631	620	SANDRA R DIAS	F	25		01:09:00	INDIVIDUAL
632	446	CLAUDIA G BARREIRO	F	34		01:09:00	INDIVIDUAL
633	552	SUSANA SILVA	F	37		01:09:49	PENICHE@CORRER
634	375	CARLOS ADÃO	M	64		01:09:50	PENICHE@CORRER
635	670	ANDREIA F D SIMÕES	F	27		01:10:02	RANCHO FOLCLÓRICO ETN ALVIOBEIRA
636	371	ALBERTINO SANTOS	M	71		01:10:15	PENICHE@CORRER
637	564	RICARDO CARRILHO	M	37		01:10:28	INDIVIDUAL
638	772	SORAIA R NETO	F	25		01:10:58	INDIVIDUAL
639	517	ANA DAVID	F	54		01:12:16	CR CRUZ DE PAU
640	803	ANA RITA POMBO	F	40		01:12:24	C BENFICA ABRANTES
641	601	RUI LEANDRO	M	30		01:12:29	UDR ZONA ALTA
642	604	PATRICIA PINTO	F	32		01:12:29	UDR ZONA ALTA
643	355	CLAUDIA SOUSA	F	33		01:12:40	INDIVIDUAL
644	379	CLÁUDIA RATO	F	36		01:12:49	TEAM RATO
645	982	FRANCISCO MENDES	M	17		01:12:59	NAPA
646	980	SANDRA SERRA	F	41		01:13:00	
647	981	CLAUDIA ALVES	F	18		01:13:00	
648	507	JOSE PARRANCA	M	78		01:15:44	CR CRUZ DE PAU
649	509	AGALITO BELGA	M	65		01:15:44	CR CRUZ DE PAU
650	356	SERGIO MARQUES	M	39		01:20:39	INDIVIDUAL
651	332	MARIA NETO	F	43		01:23:40	EQUIPA
652	926	JOAQUIM ARAUJO	M	71		01:24:39	SC REBOLEIRA DAMAIA

Total de registros: 652